



LYDIA J. HENDERSON

Attorney

Lydia Henderson focuses her practice in the area of workers' compensation defense and related matters. She assists employers and carriers throughout the claim process, from investigating the work place accident to defending litigated issues, responding to requests for different forms of benefits, and guiding the client towards successful claim resolution. Lydia represents local and regional employers and national insurers, providing the right counsel for each to effectively protect our clients.

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PRACTICE AREAS

- Workers' Compensation

PROFESSIONAL ACTIVITIES

- Covid Litigation Conference, Atlanta, GA, 2023

EDUCATION

- Florida International University College of Law, Magna Cum Laude, J.D., 2023
- Florida Atlantic University, Political Science, M.A., 4.0, 2015

ADMISSIONS

- The Florida Bar